



# TMS Therapy for Depression: An Innovative Approach

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## Understanding Transcranial Magnetic Stimulation (TMS)

Transcranial Magnetic Stimulation (TMS) is a groundbreaking, non-invasive procedure that utilizes magnetic fields, to stimulate specific brain regions associated with mood regulation. This advanced therapy aims to enhance brain activity, offering a promising alternative for individuals struggling with depression.

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## How Does TMS Therapy Work?

[TMS for depression](#) therapy targets areas of the brain that exhibit reduced activity in individuals with depression. By employing magnetic fields, TMS stimulates brain cells to release neurotransmitters—the same chemicals that antidepressants aim to increase. Additionally, TMS enhances the connectivity between different brain regions, facilitating more effective communication and contributing to symptom relief.

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## Is TMS Therapy Right for You?

Consider TMS therapy if you:

- Are currently on medication for a mood disorder but still experience symptoms.
  - Have tried multiple medications without significant improvement.
  - Experience side effects from your current medications.
  - Have had to switch medications multiple times due to side effects.
  - Find that your mood disorder interferes with your daily functioning in relationships, work, home, or school.
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## Unique Features of TMS Therapy

- **Non-Invasive:** No surgery, anesthesia, or sedation required, ensuring a safe treatment experience.

- **Targeted Therapy:** Unlike medications that circulate through the bloodstream, TMS focuses directly on the brain regions that need attention.
  - **Stay Awake and Alert:** Patients remain awake during treatment sessions, which are conducted in a convenient outpatient setting.
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## TMS Therapy Facts

- **Safe:** No adverse effects on memory or cognition.
  - **Comfortable:** No need for anesthesia or sedation.
  - **Outpatient:** Treatments are performed in a professional office setting, allowing patients to return to their daily activities post-treatment.
  - **Insurance:** Most private insurance plans and Medicare cover TMS therapy.
  - **Natural:** Stimulates the brain to release necessary chemicals for proper mood regulation.
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## Clinic Information

### Prodigy Psychiatric Clinic

- **Website:** <https://prodigyclinic.com/>
- **Phone:** 510-875-7721
- **Locate us:** <https://g.co/kgs/kez1eoe>